

| NAGE WAZA | 5. KYU | 4. KYU | 3. KYU | 2. KYU | 1. KYU | 1. DAN | 2. DAN |
|-------------------------|-------------------|--------------------|---|-----------------------|----------------------------------|--------------------------|------------------|
| Te Waza | | | | | | Kata Guruma | |
| | | Seoi Nage | Sukui Nage | | | Ura Nage | |
| Goshi Waza | O Goshi | Uki Goshi | Harai Goshi | Goshi Guruma | Hane Goshi | | |
| | | | | Soto Maki Komi | | | |
| | | | | Sode Tsuru Komi Goshi | | | |
| Ashi Waza | O Uchi Gari | O Soto Gari/Otoshi | De Ashi Barai | Uchi Mata | Sasae Tsuru Komi Ashi | Okuri Ashi Barai | Kani Basami |
| | | Ko Uchi Gari | Tani Otoshi | | | Okuri Morote Gari | Yoko Wakare |
| | | | Tai Otoshi | | | | Hiki Komi Gaeshi |
| Ma Sutemi Waza | | | | | Tomoe Nage | | |
| | | | | | Sumi Gaeshi | | |
| Yoko Sutemi Waza | | | | Yoko Guruma | | | |
| Ne Waza | Hon Kesa Gatame | Kata Gatame | Ude Hishigi Juji Gatame | Te Jime Ude Garami | Ashi Hishigi Gatame | Ashi Hishigi Juji Gatame | |
| | Yoko Shiho Gatame | Tate Shiho Gatame | Gyaku Tate Shiho Gatame ("udstrækkeren") | | | | |
| Jime Waza | | | | Sankaku Jime | Name Juji Jime Okuri Eri Jime | Sode Jime | |

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|-----------------------------|--|-----------------------|-------------------------------|-------------------------------|--|---|--------------------------------------|
| Gaeshi Waza | | | Uki Goshi → ← O Goshi | Harai Goshi → ← Sukui Nage | O Uchi Gari → ← Harai Goshi | O Uchi Gari → ← Tomoe Nage | Uchi Mata → ← Ura Nage |
| | | | | Seoi Nage → ← Tani Otoshi | Seoi Nage → ← Yoko Guruma | O Soto Gari → ← Sukui Nage | Uchi Mata → ← Tani Otoshi |
| | | | | | O Uchi Gari → ← Soto Maki Komi | O Soto Gari → ← O Soto Gari | |
| | | | | | | Uchi Mata → ← Sukui Nage | |
| Ranraku/Ransoku Waza | | O Goshi + O Uchi Gari | O Uchi Gari + Ko Uchi Gari | O Soto Gari + Harai Goshi | De Ashi Barai + Sode Tsuru Komi Goshi | Ko Uchi Gari + Harai Goshi | Sasae Tsuru Komi Ashi + Seoi Nage |
| | | | O Soto Gari + Seoi Nage | O Uchi Gari + Tai Otoshi | Ko Uchi Gari + Uchi Mata | O Soto Gari + Sasae Tsuru Komi Ashi | Okuri Ashi Barai + Harai Goshi |
| | | | | De Ashi Barai + Seoi Nage | O Soto Gari + Goshi Guruma | O Soto Gari + O Uchi Gari | Okuri Ashi Barai + Tai Otoshi |
| | | | | | O Goshi + Harai Goshi | Uchi Mata + Ko Uchi Gari | Harai Goshi + Soto Maki Komi |
| | | | | | | Tomoe Nage + Ude Hishigi Juji Gatame | |